



Lesson Plan

Own Your Career in Safety Webinar

Session Overview

This session invites participants to reflect on where they are in their WHS career and take ownership of their growth journey.

It introduces the INSHPO Capability Pathway and helps members identify practical steps to move from practitioner-level focus to professional-level influence.

The session sets the tone for the year – encouraging reflection, intentional goal setting, and professional accountability.

What we'll cover:

- Welcome and introduction to the INSHPO Capability Pathway
- Understanding your professional identity and what makes a "safety professional"
- Setting your 2025 career and development goals
- Communicating your goals and asking for feedback with confidence
- Reflecting on your growth and committing to next steps

INSHPO Alignment: Domain D: Professional Role and Functioning

Capability Level: Awareness → Routine Application

INSHPO Domain D – Professional Role and Functioning

This session develops:

- Self-awareness of professional capability and values
- Goal setting and reflective practice
- Ethical and professional conduct
- Communication and career planning skills
- Professional identity and belonging

Learning Outcomes

INSHPO Knowledge Area	Learning Outcome	Capability Level
Professional Identity	Describe what it means to be a WHS professional and where you sit on the INSHPO pathway.	Awareness
Goal Setting & Reflection	Identify and set 1–2 professional goals aligned to personal values and organisational needs.	Application
Career Planning	Create a professional growth action plan for 2025 using the Women in Safety Self-Assessment Tool.	Application
Communication & Influence	Learn how to communicate career goals confidently with mentors or leaders.	Application
Ethics & Accountability	Recognise the value of continuous learning and professional integrity.	Awareness → Application